The Original Rice Krispies Treats Recipe

**Ingredients**
- 3 Tbsp. butter
- 1 package (10 oz) JET-PUFFED Marshmallows or 4 cups JET-PUFFED Miniature Marshmallows
- 6 cups Kellogg's Rice Krispies Cereal

**Stovetop Directions**
In a large saucepan, melt butter over low heat. Once butter is melted, add marshmallows. Stir until completely melted. Remove from heat. Add the cereal. Stir until well coated. Using buttered spatula or wax paper, evenly press mixture into a 13 x 9 x 2-inch pan coated with cooking spray. Let cool, and cut into 2-inch squares. Best if served the same day.

**Microwave Directions**
In a microwave-safe bowl, heat butter and marshmallows on high for three minutes, stirring after two. Stir until smooth. Add the cereal. Stir until well coated. Using buttered spatula or wax paper evenly press mixture into a 13 x 9 x 2-inch pan coated with cooking spray. Let cool, and cut into 2-inch squares. Best if served the same day.

Official recipe provided by Kellogg's Rice Krispies
Do you know Iowan Mildred Day?

Iowans have enjoyed many different types of food and desserts over the years, but Iowan Mildred Day left her mark with the creation of Rice Krispies treats. Make your own yummy snack to honor Mildred’s memory and to celebrate Iowa’s 175th birthday (recipe on the other side).

Learn more about Mildred Day: On Sept. 24, 1903, Harriet Mildred Ghirst was born in Marion County. Day grew up in Harden and Story counties, and she attended Iowa State College (now Iowa State University) to major in home economics. She began her career after college at the Kellogg’s cereal company in Michigan, where she tested recipes and conducted cooking schools.

The famous Rice Krispies Treats was invented by Day and her co-worker Malitta Jensen in 1939, although sources vary on the exact date. Kellogg’s placed the recipe on the cereal box in 1941, allowing people all over the country to enjoy the sugary treat. Following her time at Kellogg’s, she worked at Pillsbury Co., and she later pursued other business ventures. Day passed away on June 9, 1996.

Questions to Spark Learning

- Some states have official treats and desserts, like the Whoopie Pie in Maine. Iowa does not have an official dessert. What do you think should be Iowa’s official treat and why?
- Specific types of food are often made for certain celebrations, like turkey for Thanksgiving. Do you have any special foods made for special occasions?
- What is your favorite homemade dessert and why?