

Vesterheim Handcraft at Home: Try *Kolrosing!* Kit Contents

Video Demonstration Provided by Folk Artist, Harley Refsal and shared via email

****Kit contents are designed to empower two people (parent/child duo) to try Kolrosing Spoons, and the activity is designed for families to experience on their own timeline after we share the instructional video February 1.***

Inside this kit you will find the following items:

Small sharp craft carving knives with a straight edge (2)

A probe

A vial of ground instant coffee to share

Tongue depressors (2)

Small wooden spoons (2)

Pieces of sandpaper (120,220,320,400,600,800,1000,1200,1500,2000,2500,3000) to share

A piece of brown craft paper (found with the sandpaper stack) to share

A small piece of bee's wax to share

A *Freia Melkesjokolade* Chocolate bar for each artist (because *Kolrosing* is best with chocolate!)

A recipe for Favorite Norwegian Sweet, *Rømmegrøt*, to make and eat with your newly *Kolrosed* spoons!

Some cards featuring beautifully *Kolrosed* Vesterheim collection items to inspire you!

*You will find an extra vial included. This is for edible oil, which we couldn't ship safely. Please provide a small amount of vegetable oil or something similar for this workshop. Any kind of food safe oil will work.

You will also need to provide a pencil.

Watch the demonstration video featuring Master Folk Artist, Harley Refsal, prior to exploring the materials in this kit. It will be shared on February 1 via the email you registered with for this program.

Have Fun! We hope you share your Family Handcraft at Home experience through social media by using the hashtag #vesterheimfolkart or tagging us!

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KOLROSING (COAL-rose-ing) Instructions

by

Harley Refsal

- 1) Sand surface carefully...up to at least 400 grit (600, 1000 even better)
- 2) Lightly sketch on design with pencil
- 3) Rub design area thoroughly with paraffin wax or bees wax...careful to cover entire design area
- 4) Incise design. Try not to go back over a line you've incised...incise only once
- 5) Thoroughly rub in (circular motion) mixture of oil and colorant (tree bark powder, instant coffee, etc.)
- 6) Rub on oil (flaxseed or other food-safe oil if for a food-related item-- otherwise can also use boiled linseed oil, Danish oil, etc.....AVOID oil that can turn rancid)... then wipe off oil with a paper towel. If you now discover you have missed incising a line somewhere, incise that now, carefully rub oil / colorant mixture into the newly incised lines, and wipe off excess
- 7) Sand entire surface with 600 grit sandpaper to close incisions, 'lock in' colorant.
- 8) Admire



Harley Refsal is a Vesterheim Gold Medalist who has taught Scandinavian figure carving throughout the United States and Norway. He was honored by H. M. Harald V, King of Norway, with the St. Olav Medal of Honor for his efforts in reinvigorating Scandinavian figure carving in both the United States and Norway. A retired professor of Scandinavian folk art at Luther College in Decorah, he also regularly demonstrates and gives many presentations about Norwegian folk art and traditions. He is the author of several books. Harley was named the 2012 Woodcarver of the Year by the magazine Wood Carving Illustrated.