Submit Your Self-Portrait for Iowa 175
On December 28, 2021, Iowa will mark a major milestone: 175 years of statehood. To commemorate the people that shape the state today, the Iowa Department of Cultural Affairs is calling on Iowans to create and submit a self-portrait. These submissions will be featured as part of the 175th anniversary.

**Step 1:** Print the instruction sheet with the portrait frame below.
**Step 2:** Draw your self-portrait inside the frame. Cut it out.
**Step 3:** Write your first name, age and Iowa county of residence on the back of the self-portrait.
**Step 4:** Place your self-portrait in an envelope. Address the envelope to: “Iowa Department of Cultural Affairs, 600 E. Locust St., Des Moines, Iowa, 50319” and mail it to us!